

**Jo Huey's  
TEN ABSOLUTES for CAREGIVER DECISION MAKING**

**ABSOLUTELY NEVER!!!!**

<b>1.Assume</b>	<b>instead</b>	<b>Examine</b>
<b>2. Justify</b>	<b>instead</b>	<b>Authorize</b>
<b>3. Forget</b>	<b>instead</b>	<b>Remember</b>
<b>4.Walk Alone</b>	<b>instead</b>	<b>Accept Help</b>
<b>5.Stop</b>	<b>instead</b>	<b>Progress</b>
<b>6.Endure</b>	<b>instead</b>	<b>Cry</b>
<b>7.Explain</b>	<b>instead</b>	<b>Act</b>
<b>8.Falter</b>	<b>instead</b>	<b>Persist</b>
<b>9.Quit</b>	<b>instead</b>	<b>Expand</b>
<b>10.Despair</b>	<b>instead</b>	<b>Enjoy</b>

**Taken from her new book “ Don’t Leave Momma Home With  
The Dog.”**